

# BREAKING THE SILENCE: Mental Health, Family and the Church



BELOVED  
COMPASSION  
NETWORK



**Saturday  
March 30**

9:30 am to 3:00 pm

*Registration and Community  
Resource Fair Open at 8:30 am*

Community Church of Poway  
13501 Community Road, Poway

\$30 for Participants  
\$50 for Pastors Seeking CEUs  
*Lunch is included*



## **Engage the Author: Rev. Dr. Sarah Griffith Lund**

*Author of "Blessed Are the Crazy: Breaking the Silence on  
Mental Health, Family and the Church"*

The day also includes a Panel Discussion, Story Telling and Workshops

**Pre-register at [www.BelovedSanDiego.org/Events](http://www.BelovedSanDiego.org/Events) | This event is eligible for .5 CEUs**

Presented by: Beloved San Diego and Beloved Compassion Network [www.BelovedSanDiego.org](http://www.BelovedSanDiego.org)

Co-Sponsored by: Community Church of Poway (UCC) and University Christian Church (DOC)