

LISTENING COMPASSIONATELY IN TURBULENT TIMES

The Way of Jesus

**Saturday
October 26**
9:30 am to 3:00 pm
Registration begins at 8:30 am

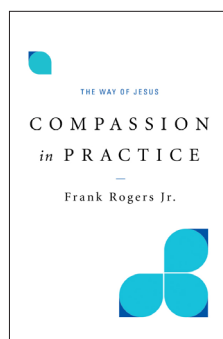
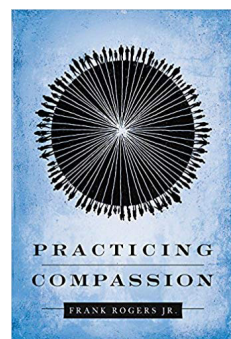
Hope United Methodist Church
16550 Bernardo Heights Pkwy, San Diego
Cost: \$30 per person / \$45 per couple
(includes lunch – please notify us of any dietary needs)

Engage the Author

We welcome Dr. Frank Rogers, Jr. to San Diego for a day of stories, contemplation and sharing as we examine Jesus' invitation to cultivate compassion - not only for others, but for ourselves as well.

This retreat day will assist Christians who know Jesus' call to love one another as God first loved us, yet struggle to know how to embody authentic love when we are so often overwhelmed with confusion, fear, and distrust in this crazy, polarized world.

As we face the uncertainties in the world, let us remember the life and heart of the One who incarnated compassionate listening and loving action. Come for a day of nourishment for our souls and bodies!



"COMPASSION is being moved in one's depths by the pain or bliss of another and responding in ways that intend to ease their suffering or promote their suffering." - Frank Rogers, Jr.

Dr. Rogers is the Muriel Bernice Roberts Professor of Spiritual Formation and Narrative Pedagogy at Claremont School of Theology and Co-Director of the Center for Engaged Compassion. He is the author of: **"Practicing Compassion and Compassion in Practice – The Way of Jesus."**

Register

Visit www.BelovedSanDiego.org/Events to register
This event may be eligible for .5 CEUs



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